

# MEENAL RANA

Department of Child Development, College of Professional Studies  
Cal Poly Humboldt  
103 Harry Griffith Hall, #1 Harpst Street  
Arcata, CA 95521  
Phone: 707-826-5855; Email: [Meenal.rana@humboldt.edu](mailto:Meenal.rana@humboldt.edu)  
<https://orcid.org/0000-0003-4130-4855>

---

## PROFESSIONAL APPOINTMENTS

Aug 2019—Present	Associate Professor, Child Development, Humboldt State University
Aug 2013—Jul 2019	Assistant Professor, Child Development, Humboldt State University
Aug 2012—June 2013	Visiting Assistant Professor, Human Development and Education, Brown University

## EDUCATION

**2012 Ph.D. , Human Development and Family Studies**  
Michigan State University, East Lansing, MI

*Dissertation:* Parent socialization practices of Sikh immigrant parents toward ethno-religious identity formation of their children

**1998 M.S., Child Development**  
Chaudhary Charan Singh Haryana Agricultural University, Hisar (India)

*Thesis:* Performance intelligence, memory span, and school achievement among young adolescents

**1996 B.S., Home Science**  
Chaudhary Charan Singh Haryana Agricultural University, Hisar (India)

## TEACHING EXPERIENCE

### Child Development, Humboldt State University (Aug 2013-Present)

Position: Associate Professor

- Prenatal and Infant Development (CD 253)
- Early Childhood Development (CD 255)
- Middle Childhood Development (CD 256; Now CD 209, Area E)
- Life Span Development (CD 350)
- Methods of Observation (CD 354)
- Children and Stress (CD 362)
- Directed Field Experience (CD 482)
- Perspectives/Professional Development (CD 211/CD 211S, Service Learning)
- Parent Child Relationships (CD 352)
- Structure and Content of Children's Thinking (CD 446)

- Directed Study (CD 499)
- Rural Youth Volunteers in India (Spring 2018—Summer 2018—Fall 2018)

### **Education, Brown University (Aug 2012-June 2013)**

Position: Visiting Assistant Professor

- Contemporary Social Problems: Views from Education and Human Development
- Social Context of Learning and Development
- Introduction to Qualitative Research Methods
- History and Theories of Child Development

### **Human Development & Family Studies, Michigan State University (2006-2011)**

- Instructor, Introduction to Family and Community Services
- Guest Speaker, Sociological Research Methods: Basic Statistics/SPSS and Qualitative Data Analysis (Nvivo and Dedoose software trainings); Undeveloped Childhood in India in National Diversity and Change in the U.S. Class
- Teaching Assistant, Graduate classes: Growing Up Global; Family Ecosystems
- Teaching Assistant, Undergraduate class: Children Youth and Family

## **PUBLICATIONS ([GOOGLE SCHOLAR LINK](#))**

### **Peer Reviewed Journal Articles**

**Rana, M.**, & Lara-Cooper, K. (2021). Identity, relationships, and community as antidotes for historic and race-based trauma: Lessons from Sikh and Indigenous communities. *Adversity and Resilience Science*, 2(4), 269-284.

**Rana, M.**, Osuna, E.\*, Huffaker, H.\*, & Banerjee, M. (Under Review). An autoethnographic exploration of resilience among student parents in college: Voices of Latinas. Special Issue of *Research in Human Development on College Women of Color: Intersectionality, Resilience and Emerging Adulthood*.

Abo-Zena, M. & **Rana, M.** (2020). Ecological perspectives on religion and positive youth development (Editorial). *Religions: Special Issue on Positive Youth Development*, 11, 406-416.

**Rana, M.**, Qin, D.B., & Vital-Gonzalez, C.\* (2019). Mistaken identities: The media and parental ethno-religious socialization in a Midwestern Sikh community. *Religions*, 10, 571-590. doi:10.3390/rel10100571.

Qin, D. B., Saltarelli, A., & **Rana, M.**, Bates, L., Lee, J.A., & Johnson, D.J. (2014). “My culture helps me make good decisions:” Cultural adaptation of Sudanese refugee youth. *Journal of Adolescent Research*, 1-31.

Qin, D.B., Rak, E., **Rana, M.**, & Brent, D. (2012). Parent child relations and psychological adjustment among high achieving Chinese and European American adolescents. *Journal of Adolescence*, 35 (4), 863-873.

- Rana, M.,** Qin, D. B., Bates, L., Luster, T., & Saltarelli, A.J. (2011). Factors related to educational resilience among Sudanese unaccompanied minors. *Teachers College Record*, 113 (9), 2080-2114.
- Luster, T., Qin, D. B., Bates, L., **Rana, M.,** Lee, J.A. (2010). Successful adjustment among Sudanese unaccompanied minors: The perspectives of the youth and their foster parents. *Childhood*, 17 (2)—Special Issue on Childhood and Migration, 197-211.
- Luster, T., Saltarelli, A.J., **Rana, M.,** Qin, D. B., Bates, L., Burdick, K., & Baird, D. (2009). The experiences of Sudanese unaccompanied minors in foster care. *Journal of Family Psychology*, 23 (3), 386-395.
- Luster, T., Qin, D. B., Bates, L., Johnson, D., & **Rana, M.** (2009). The *Lost Boys* of Sudan: Coping with ambiguous loss and separation from parents. *American Journal of Orthopsychiatry*, 79 (2), 203-211.
- Luster, T., Qin, D. B. Bates, L., Johnson, D., & **Rana, M.** (2008). The *Lost Boys* of Sudan: Ambiguous loss, the search for family, and re-establishing relationships with family members. *Family Relations*, 57(4), 444-456.
- Qin, D. B., Way, N. & **Rana, M.** (2008). The “model minority” and their discontent: Examining peer discrimination and harassment of Chinese American immigrant youth. In H. Yoshikawa & N. Way (Eds.), *Beyond the family: Contexts of immigrant children’s development. New Directions for Child and Adolescent Development*, 121, 27-42.
- Rana, M.,** & Kaur, P. (2002). Academic achievement among young adolescents and correlates. *Journal of Human Ecology*, 457-460.
- Rana, M.,** Sethi, N. & Chhikara, S. (2001). Factors responsible for private tuition in modern education. *Primary Teacher*, 26 (1), 42-46.
- Rana, M.,** & Kaur, P. (2000). Factor Associated with immediate memory recall in young adolescents. *Journal of Extension & Research*, 37(3), 8-16.
- Rana, M.** & Kaur, P. (2000). Determinants of Intelligence in young adolescents; Nature and nurture. *Indian Psychological Review*, 60 (2), 81-90.
- Rana, M.,** & Chhikara, S. (1999). Maternal support systems and maternal cognition: Determinants of young child’s cognitive development. *Journal of Human Ecology*, 10 (4), 289-301.

\*Student co-authors

### **In Progress**

- Rana, M.,** Jones, T.\*, Johnson, D., Qin, D., & Huffaker, H.\* (In Progress). Sikh immigrant fathers’ ethno-religious socialization of their sons. To be submitted to the special issue of *Religions*. Timeline: Feb 10<sup>th</sup>, 2022.
- Rana, M.,** Phelps, B. J., & Camacho, Y.\* (In Progress). “It takes a village”: Cultural adaptation in Sikh immigrant families. To be submitted to *Journal of Child and Family Studies*.

- Roy, M., **Rana, M.**, & Bhatta, T. (In Progress). Transnational families and COVID-19: Health and wellbeing of South Asian older parents with adult children overseas. To be submitted to *International Migration Review*.
- Roy, M., **Rana, M.**, & Su-Russell, C. (In Progress). Cultural and religious values in Asian/American families. To be submitted to In C. Su-Russell, L.T. Russell, & A. James (2022). *Handbook of Asian American Families*. Cognella Publishing.
- Abo-Zena, M., Barry, C., & **Rana, M.** (In Progress). Towards Integrating religiousness and spirituality into an intersectional developmental perspective. *Human Development*
- Rana, M.**, Grafman, L., Phelps, B. J., Anand, S., & Khanna, A. (In Progress). Eclectic frameworks for community behavior change, social entrepreneurship, and experiential learning.
- Rana, M.**, Grafman, L., Phelps, B. J., DeJung, A.\*, Saenz, A.\*, Huffaker, H.\*, & Ramirez, C.\* (In Progress). Youth-Adult partnerships in community engagement: A case study of Daula (India).
- Rana, M.**, Phelps, B. J.\*, Bjork, B.\*, Fillebrown, G.\*, Grafman, L. & Gauthier, L.\* (In Progress). International and intercultural collaboration in experiential learning.

\*Student co-authors

## Book Chapters

- Rana, M.**, Phelps, B. J., & Camacho, Y.\* (Under Review). Acculturation gaps in Asian American families. In C. Su-Russell, L.T. Russell, & A. James (2022). *Handbook of Asian American Families*. Cognella Publishing.
- Rana, M.**, & Duarte-Bonilla, K.\* (2020). Children in immigrant families from India: Contextual analysis. In K. Nowak-Fabrykowski (Ed.). *Helping Immigrant Children Succeed—A Look through Research, Experiences, and Practical Solutions*. NYC, New York: Peter Lang Publishing.
- Rana, M.**, Johnson, D.J., & Qin, D.B. (2019). Mistaken identities, discrimination, and adaptive parenting for Sikh youth development. In H. Fitzgerald, D. Qin, D., Johnson, & F. Villarruel (Eds.). *Handbook of Children and Prejudice: Integrating Research, Practice and Policy*. New York, NY: Springer.
- Qin, D. B., Chang, T., Xie, M., Liu, S., & **Rana, M.** (2017). Socioeconomic Status and Chinese American parenting. In Y. Choi & C. Hahm (Eds), *Asian American Parenting: Culture, Family process and Youth Development*. New York: Springer.
- Abo-Zena, M. M. & **Rana, M.** (2015). Religion. In C. Suárez-Orozco, M. M. Abo-Zena, and A. Marks (Eds). *Transitions: The development of children of immigrants*. New York, NY: New York University Press. (The book has won the **Social Policy Award for Best Edited Volume from SRA**, which will be announced at 2016 SRA Biennial meeting, Baltimore, Maryland).
- Bates, L., Luster, T., Johnson, D. J., Qin, D.B., & **Rana, M.** (2013). Sudanese refugee youth: Resilience among undefended children. In D.J. Johnson, D. Agbenyiga & R. Hitchcock (Eds.). *Vulnerable Children: Global Challenges in Education, Health, Well-Being, and Child Rights* (pp 167-183). New York, NY: Springer.

Bates, L., Johnson, D.J., & **Rana, M.** (2013). Pathways of success experiences among the “Lost Boys of Sudan”: A case study approach. In C. Fernando, & M. Ferrari (Eds.) *Handbook of Resilience in Children of War* (pp 179-193) New York: Springer.

**Rana, M.**, Johnson, D. J., Bates, L., Qin, D.B., & Saltarelli, A. (2011). Parental choice and involvement in the education of Sudanese unaccompanied minors. In D. Slaughter-Defoe, H. Stevenson, E. Arrington, & D. J. Johnson (Eds.) *Black Educational Choice in a Climate of School Reform: Consequences for K-12 Student Learning and Development* (pp. 141-154). Westport, CT: Praeger/ABC-CLIO.

Qin, D.B., Li, G., **Rana, M.**, & Han, J. (2010). Education of immigrations from Sinic civilization. In Zhao, Y. (Ed.), *Handbook of Asian Education* (157-180). New York: Routledge.

\*Student co-authors

### Books/Reports

**Rana, M.**, & Phelps, B. J.\* (Under Revision). Yuva-Shakti (Youth Power): Youth Adult Partnerships (YA-P) in Community Engagement--*An Evaluation of the Youth Adult Partnerships in Community Engagement in Northern India*. HSU Library Press.

Singh, B.P., & **Rana, M.** (2000). Conservation of Poultry Resources (In Hindi) Published at National Fellow Project, CARI, Izatnagar India. The book won the national award for the Best Hindi book published on poultry conservation.

### Outreach Publications

**Rana, M.**, Grafman, L., Bjork, B.\*, & Phelps, B.\* (2019). *Final program report: Rural Youth Volunteers in India*. Funded by the U.S. Mission to India (U.S. Federal Grant).

**Rana, M.**, & Van Egeren, L. A. (2011). *Galaxy classification lab*. University Outreach and Engagement, Michigan State University. Funded by National Science Foundation to Megan Donahue, Michigan State University.

Van Egeren, L., McNall, M., Reed, C. S., Zheng, Y., & **Rana, M.** (2010). *Program evaluation training needs and expertise at MSU*. University Outreach and Engagement.

Van Egeren, L.A., Omae, H., & **Rana, M.** (2009). *The P.L.A.Y. project- Phase I study*. University Outreach and Engagement, Michigan State University. Funded by National Institute of Mental Health (NIMH) and University Outreach and Engagement, Michigan State University.

Van Egeren, L.A., **Rana, M.**, Doberneck, D.M., McNall, M., Fails, B., & Loveridge, S. (2009). *Coaching as a community development strategy: An evaluation of the Creating Entrepreneurial Communities pilot project*. University Outreach and Engagement, Michigan State University. Funded by Families and Children Together (FACT) and University Outreach and Engagement, Michigan State University.

- Reed, C.S., Bates, L., & **Rana, M.** (2009). *Great Parents Great Start: Summary of Parents' opinions on services received (2008-09 program year)*. University Outreach and Engagement, Michigan State University. Funded by Michigan Department of Education *Great Parents, Great Start* Grantees' evaluation funds transferred to the Midland County Educational Services Agency and contracted with University Outreach and Engagement.
- Rana, M.** (2003). Education in ancient India. *PTA Magazine*. Vol 41(4): 17-18.
- Rana, M.** (2003). Play Group: Factors affecting the adjustment of tiny tots. *PTA Magazine*, December 03 issue.
- Rana, M.** (2002). Juvenile delinquents: Their Nature and acts for rehabilitation. *PTA Magazine* XXXX (12): 7-9.
- Rana, M.** (2001). Parent Education. *PTA Magazine*. Vol. XXXIX (5): 3-5.
- Rana, M.** & Kaur, P. (2001). Expectations verses Achievement. *PTA Magazine* XXXIX (12): 7-8.
- Rana, M.** (2000). Truancy among adolescents. *PTA Magazine*. Vol. XXXVII (9): 9-10. **Rana, M.** & Agarwal, M. (1999). Age at schooling. *PTA Magazine*. Vol. XXXVII (7): 17-18. **Rana, M.** (1999). How the child learns morals? *PTA Magazine*. Vol. XXXVII (10): 31-32.
- Rana, M.** & Agarwal, M. (1998). Creating awareness among parents of mentally retarded children. *PTA Magazine*. Vol. XXXVI (9): 31-32.
- Rana, M.** & Agarwal, M. (1998). Common childhood misdemeanors. *PTA Magazine*. *PTA Magazine*. Vol. XXXVI (10): 7-8.

\* Student co-authors

### **Grant Experience**

- Rana, M.** (2021). Diverse Women in India. Public Affairs Section, North India Office (ND-NOFO-20-115: U.S. Embassy New Delhi North India Office PAS Annual Program), \$25,000 (Unsuccessful).
- Rana, M.** (2020). Sponsored Program Foundations Grant for Children's Book, "Snowy Eats Samosa", \$3,000.
- Rana, M.** (2017). Rural Youth Volunteers in India. The U.S. Mission to India. U.S. Department of State Federal Assistance Award, \$150,371.  
This federal award from the U.S. Department of State enabled me to plan and implement the collaborative study abroad program (Summer 2018) involving the intercollege collaboration at HSU in terms of students and faculty members, partnerships with Lady Irwin College, New Delhi (faculty and students) and three nonprofit organizations in India: Environment and Social Research Organization (ESRO), Gramin & Paryavaran Vikas Sanstha (GPVS), and Centre for Environment Communication (CEC).
- Rana, M.** (July 2016-Aug 2016). President's Office Travel Grant for the project, "Yuva-Shakti (Youth Power): Youth Adult Partnerships (YA-P) in Community Engagement: *An Evaluation of the Youth Adult Partnerships in Community Engagement in Northern India*, \$1,500

- Rana, M.,** You, H.K., Lara-Cooper, K. & Knox, C. (2016). Dialogue on Diversity: Engaging Child Development Majors. Diversity & Inclusion, Faculty Diversity Development grant, \$410. This project aimed to explore diversity issues in higher education and in our discipline. We engaged two undergraduate students in research to understand the ways we could improve our pedagogy to meet the needs of students from diverse backgrounds. We also learned about how we could better prepare them professionals before they work out in communities.
- Rana, M.,** Knox, C. Masengale, K.\*, Jiang, Y.K.\*, & Van, J.\* (2014). Student Parent Success Initiative at HSU. HSU Diversity Program Funding Grant, 2014, \$1000 (Funded for fall 14) \*Students
- Rana, M.** (2014). Ethno-Religious Identities: A Risk and Resilience Study of West Coast Sikh Youth Data Collection in fall 2014 HSU Faculty Diversity Development Grant, 2013 Funded \$4,000
- Rana, M.** (2014-15). Yuva Shakti (Empowered Youth): The Harbingers of Change Innovative Small Grants Program, Society of Research on Adolescence, \$6,740 (Unsuccessful)

### National and International Conference Presentations

- Rana, M.,** Lara-Cooper, K., & Abo-Zena, M. M. (Feb 2022). Family cultural values and practices: Reflecting on religious and spiritual influences in Sikh, Muslim, and Indigenous communities. A symposium to be presented at The Society for the Study of Human Development (SSHD 2021-22) on Feb 8<sup>th</sup>, 2022. Conference Series (Theme: Macrosystem Challenges to Lifespan Human Development: Advancing Conceptualizations, Methodologies, and Strategic Responses).
- Rana, M.,** Jones, T.\*, & Camacho, Y.\* (Feb 2022). Role of Gurdwara (Sikh Temple) in religious transmission among Sikh immigrant communities. To be presented at the Symposium, “*Family cultural values and Practices: Reflecting on religious and spiritual influences in Sikh, Muslim, and Indigenous communities*” The Society for the Study of Human Development (SSHD 2021-22) on Feb 8<sup>th</sup>, 2022.
- Rana, M.,** & Lara-Cooper, K. (Feb 2022). Identity, family, and community as antidotes for historic and race-based trauma: Lessons from Sikh and Native American youth. To be presented at the Symposium, “*DSI Symposium: Historical and Racial Trauma: Resilience and Resistance*” at the Society for the Study of Human Development (SSHD 2021-22) on Feb 8<sup>th</sup>, 2022.
- Fitzgerald, H., Johnson, D., **Rana, M.,** Smith, E., & Martin, T. (Feb 2022). DSI Symposium: Historical and Racial Trauma: Resilience and Resistance. A symposium to be presented at The Society for the Study of Human Development (SSHD 2021-22) on Feb 8<sup>th</sup>, 2022.
- Rana, M.,** Osuna, E.\*, & Huffaker, H.\* (April 2021). An autoethnographic exploration of resilience among student parents in college: Voices of Latina mothers. Individual poster to be presented at the Society of Research on Child Development’s biennial virtual meeting on April 7-9, 2021.
- Roy, M., **Rana, M.,** & Bhatta, T. (2020, November). Transnational families and COVID-19: Health and wellbeing of South Asian older parents with adult children overseas. Presented at Oklahoma Sociological Association Conference on November 13<sup>th</sup>, 2020.

- Rana, M., Grafman, L., & Phelps, B.J.** (2020, March). Youth-adult partnerships in community engagement: A case study of Daula (India). Presented at 2020 SRA Biennial Meeting: From Genome to Globe, San Diego, CA, March 19th-21<sup>st</sup>, 2020.
- Rana, M., Banerjee, M., Osuna, E.\* & Huffaker, H.\*** (2019, October). An autoethnographic exploration of resilience among student parents in college: Voices of three Latinas. Paper to be presented at “*College Women of Color: Intersectionality, Resilience and Emerging Adulthood*,” symposium at the Society of Study on Human Development Conference, Portland, OR on October 11-13th, 2019.
- Rana, M., & Phelps, B. J.\*** (2019, March). Use of popular movies as a learning tool in Human Development classes. Presented at the SRCD’s Teaching Institute in Baltimore, Maryland on March 21-23, 2019.
- Fusaro, M., Cook, G., Swartz, M., Beeghly, M., Potter, S., **Rana, M.,** & Vallaton, C. (2018, June). Developing caregiving vignettes as a tool for competence measurement, pedagogy, and practice. Presented at the National Research Conference on Early Childhood (NRCEC) on June 25-27, 2018 in Arlington, Virginia.
- Rana, M., Johnson, D.J., Qin, D.B., & McNall, M.** (2016, October). Father socialization in Sikh immigrant families towards ethno-religious identity formation in their sons. Poster presented at the Society of Research on Child Development Special Topic Conference: Babies, Boys, and Men of Color on October 6-8, 2016 in Tampa, Florida.
- Rana, M., Qin, D.B., & Vital, C.\*** (2016, October). Media contexts, mistaken identities, and parental socialization in a Midwestern Sikh community. Poster presented at the Society of Research on Child Development Special Topic Meeting—Technology and Media in Children’s Development program held on October 27-30, 2016 in Irvine, California.
- Yoon, J., Johnson, D., Bates, L., & **Rana, M.** (2016, March). Tridimensional acculturation experience among South Sudanese Refugee young following thirteen years of U.S. resettlement. Poster to be presented at the *Society of Adolescent Research Biennial Meeting* on March 30-31, 2016 in Baltimore, Maryland.
- Yoon, J., Johnson, D., Bates, L., & **Rana, M.** (2015, October). Sense of purpose and thirteen years of resettlement among South Sudanese Refugees in the US. Paper presented in the Society for the Study of Human Development Biennial Meeting, “Person, Biology, Culture, and Society: New Directions in Human Development, held on October 16-18, 2015 in Austin, Texas.
- Yoon, J., Johnson, D., **Rana, M.,** & Bates, L. (2014, October). Sense of purpose among Sudanese Refugees in the context their American resettlement process. Paper presented in the Symposium “Fostering in a Multi-Cultural Context: The Experiences of American Foster Parents and Sudanese” at *On Shore New Immigrants Conference* in Toronto, Canada on October 16-18, 2014.
- Bates, L., Johnson, D., **Rana, M.,** Saltarelli, A., Qin, D. & Luster, T. (2014, October). Unaccompanied refugee foster children. Paper presented in the Symposium “Fostering in a Multi-Cultural Context: The Experiences of American Foster Parents and Sudanese” at *On Shore New Immigrants Conference* in Toronto, Canada on October 16-18, 2014.



- Qin, D., Johnson, D., **Rana, M.**, Yoon, J., & Bates, L. (2014, October). Memories of home and cultural adaptation of Sudanese refugee youth. Paper presented in the Symposium “Fostering in a Multi-Cultural Context: The Experiences of American Foster Parents and Sudanese” at *On Shore New Immigrants Conference* in Toronto, Canada on October 16-18, 2014.
- Johnson, D., Qin, D., Yoon, J., Bates, L., & **Rana, M.** (2014, October). Identity as an acculturative process: Sudanese identities overtime. *On Shore New Immigrants Conference* in Toronto, Canada on October 16-18, 2014.
- Rana, M.** (2014, October). Ethno-religious identity formation in Sikh youth. Paper presented in the roundtable, “Adjusting to Prejudice? Identities and Transformation Processes among Immigrant Groups” at *On Shore New Immigrants Conference* in Toronto, Canada on October 16-18, 2014.
- Rana, M.**, Qin, D.B., McNall, M., & Johnson, D.J. (2014, March) Community resilience: A protective or risk factor for Sikh youth? Paper presented at *Society of Research on Adolescence Conference* in Austin, Texas on March 20-22, 2014.
- Rana, M.**, & Johnson, D.B. (2014, March). Intergenerational Ethno-Religious Socialization: An ethnographic study of Sikh grandparents in a Midwest community. Paper to be presented at *the Society of Research on Human Development Conference* in Austin, Texas on March 27-29, 2014.
- Yoon, J., Johnson, D.J., & **Rana, M.** (2013, October). Sense of purpose among Sudanese Refugees in the context of emergent adulthood and their American resettlement process. Presented at *the Society of Studies on Emerging Adults Conference* in Chicago, IL on October 10-11, 2013.
- Rana, M.** (2013, April). Father socialization in Sikh immigrant families towards ethno-religious Identity formation in their sons. Poster presentation at *Society of Research on Child Development (SRCD) Biennial Meeting* (April 17-20, 2013), Seattle, WA.
- Rana, M.** (2013, April). Teaching human development: Ingredients of engaged teaching. Poster presentation at *Teaching Institute Pre-Conference at Society of Research on Child Development (SRCD) Biennial Meeting* (April 17-20, 2013), Seattle, WA.
- Hicklen, S., Lee, J.M., **Rana, M.**, Johnson, D.J., Marshall, S. (2013, April). Linking African American parent and child educational experiences with decision making and private school selection. Poster presentation at *Society of Research on Child Development (SRCD) Biennial Meeting* (April 17-20, 2013), Seattle, WA.
- Hicklen, S., Lee, Jeoung-Min, **Rana, M.**, Johnson, D.J., Marshall, S. (2012, May). Middle class African American families’ educational experiences: Their aspirations and involvement in children’s education in private schools contexts. Poster presentation at *the Second Biennial APA Division 45 Conference: The Society for the Psychological Studies of Ethnic Minority Issues, Ann Arbor, MI.*
- Johnson, D.J., **Rana, M.**, Hicklen, S., Marshall, S., & Banerjee, M. (2012, May). African American Parents’ Sealing Success: Private School Choice as a Global Parental Racial Coping Strategy. Poster presentation at *the Second Biennial APA Division 45 Conference: The Society for the Psychological Studies of Ethnic Minority Issues, Ann Arbor, MI.*

- Van Egeren, L. A., Wu, H. C., **Rana, M.**, Kornbluh, M., Duddy, A., & Weiss, J. (2012, March). The creation of youth-driven spaces through organizational intervention: Benefits reported by youth. Paper presentation at the *14th Biennial Conference of Society for Research on Adolescence, Vancouver, Canada*.
- Van Egeren, L. A., Wu, H. C., **Rana, M.**, & Akiva, T. (2012, March). Building youth into organizational management Increases youth 21st Century skills. Paper presentation at the *14th Biennial Conference of Society for Research on Adolescence, Vancouver, Canada*.
- Van Egeren, L., **Rana, M.**, Doberneck, D., & McNall, M. (2010, November). Team process factors in the evaluation of a community-team-based entrepreneurial development initiative. Presented in Symposium, "Examples From the Field: Using Mixed Methodological Frameworks in Theory-Driven Evaluations" at *American Evaluation Association* on November 10-13, 2010.
- Bates, L., Johnson, D.J., Qin, D.B., **Rana, M.**, Saltarelli, A.J., Jungah, L. (2010, Sept-Oct). Poster Symposium on Sudanese Families at *On New Shore Conference on Resilience in Immigrants* on Sept 30-Oct 1, 2010 at University of Guelph, Canada.
- Bates, L., Johnson, D.J., **Rana, M.**, Luster, T., Qin, D., Saltarelli, A.J., & Baird, D. (2010, March). Fostering Sudanese refugee youth: Parent perspectives. Presented as *symposium paper at the Biennial meeting of Society for Adolescence at Philadelphia, PA in March (11-13 March, 2010)*.
- Qin, D.B., Saltarelli, A. J., Bates, L., **Rana, M.**, Lee, J.A., Johnson, D.J., Luster, T. (2010, March). "My culture makes me make good decisions": Cultural appropriation and adaptation of Sudanese refugee youth. Presented as *symposium paper at the Biennial meeting of Society for Adolescence at Philadelphia, PA in March (11-13 March, 2010)*.
- Rana, M.**, Luster, T., Saltarelli, A.J., Bates, L.V., Qin, D.B., Burdick, K., Johnson, D.J., & Baird, D. (2009, April). Factors related to educational resilience among Sudanese unaccompanied minors. Presented as poster at the *Biennial meeting of Society for Research in Child Development at Denver, CO in April (2-4 April, 2009)*.
- Saltarelli, A.J., Luster, T., **Rana, M.**, Bates, L.V., Qin, D.B., Burdick, K., Johnson, D.J., & Baird, D. (2009, April). Foster parent support and refugee adaptation in a New land: The experience of unaccompanied Sudanese minors. Presented in Symposium at the *Biennial meeting of Society for Research in Child Development at Denver, CO on April 2-4, 2009*.
- Rana, M.**, & Verwys, S. (2009, Feb-Mar). Exploring socialization of Pakistani children in U.S. contexts: The dynamic process of cultural identity. Presented in Symposium (Doing family) at *11<sup>th</sup> Annual Chicago Ethnography Conference, "Exploring the World through the lens of ethnography"*, on Feb 28-March 1, 2009.
- Bates, L., Luster, T., Qin, D., Johnson, D. & **Rana, M.** (2008, April). The *Lost Boys* of Sudan: Separation, Loss, and the Formation of Transnational Families', *Children and Migration Conference*, University College Cork, Ireland on April 9-11th 2008.
- Luster, T., Qin, D., Bates, L., Johnson, D., **Rana, M.** (2008, April). The *Lost Boys* of Sudan: Coping with Ambiguous Loss and Separation from Parents. *Twentieth Biennial Conference on Human Development*, Indianapolis, IN.
- Luster, T., Qin, D., Bates, L., Johnson, D. & **Rana, M.** (2008, July). The *Lost Boys* of Sudan: Coping with Ambiguous Loss and Reconnecting with Surviving Family Members.

*Refugees/Political violence symposia at ISSBD 2008 Congress Center Würzburg (CCW), Pleichertorstraße 4, 97070, Würzburg, Germany.*

Luster, T., Saltarelli, A.J., **Rana, M.**, & Qin, D.B. (2008, Nov). Having parents after living in peer groups: Sudanese unaccompanied minors in foster care. *On New Shores conference 2008, Guelph Canada* on November 6, 2008.

\* Student co-presenters

### **Institutional and Community (Local & Global) Presentations**

- Rana, M.**, Moyo, H., Bjork, B.\*, & Arya, P. (2020, Nov). A dialogue on body positivity with socioemotional, physical, and brain development. A forum discussion with Ram Mehar Vidhyalya High School Students. Attended by 45 people.
- Rana, M.**, Moyo, H., & Baramasimba, R. (2020, Oct). Childhood stress and trauma. Presented for Adverse Childhood Experiences Series at The Young People Mental Health Trust Organization, Zimbabwe. Attended by 900 people.
- Rana, M.**, Phelps, B.J.\*, Gibson, M.\*, Smith, R.\*, & Arya, P. (2020, Oct). A dialogue on adolescent health and wellbeing. A forum discussion with Ram Mehar Vidhyalya High School students. Attended by 50 people.
- Rana, M.**, & Grafman, L. (2020, Feb). Eclectic frameworks in international experiential learning. Paper presented on February 12<sup>th</sup>, at International Education Week at Humboldt State University.
- Rana, M.**, Grafman, L., Hernandez, L.\*, & Spitzer, A\*. (2019, Feb). Rural Youth Volunteers in India: Experiential learning reflections. Paper presented on February 15<sup>th</sup>, at International Education Week at Humboldt State University.
- Rana, M.**, Brown, G.\*, Hernandez, L.\*, Spitzer, A.\*, Phillips, J.\*, Duarte-Bonilla, K\*. (2019, Jan). Rural Youth Volunteers Program: The Conception and Outcomes. Presented for the Rotaries from two CA counties: Humboldt and Del Norte. The event was organized by the College of Professional Studies, Humboldt State University. The Child Development department also tabled and highlighted the pictures and videos of the program, while the students talked about their experiences.
- Rana, M.**, Grafman, L., Phelps, B. J.\*, Duarte-Bonilla, K.\*, Phillips, J.\*, Chase, K\*. (2018, Nov). India Program Presentation. Attended by department chairs, Center for Teaching and Learning Director, Provost, Office of Diversity, Equity, and Inclusion Director, faculty and students.
- Rana, M.** & Grafman, L. (2018, August). Rural youth volunteers in India: Reflections from Experiential learning. Program End Presentation at India International Center, New Delhi on August 9<sup>th</sup>, 2018.
- Rural Youth Volunteers in India (2018, August). Daula community engagement presentation: Program End Presentation at India International Center, New Delhi on August 9<sup>th</sup>, 2018 (Presenters not in specific order: Jasmine Phillips, Anna Spitzer, Tanvi Gulati, & Uma Malik).

- Rural Youth Volunteers in India (2018, August). Tavelagarhi community engagement presentation: Program End Presentation at India International Center, New Delhi on August 9<sup>th</sup>, 2018 (Presenters not in specific order: Haley Herren, Kimberly Duarte-Bonilla, Arshiya Wadhwa, Arushi Srivastava, & Himani Bharat).
- Rural Youth Volunteers in India (2018, August). Daula product team presentation. Program End Presentation at India International Center, New Delhi on August 9<sup>th</sup>, 2018 (Presenters not in specific order: Gloria Brown, Lorenz Hernandez, Srishti Malik, & Umang Chauhan).
- Rural Youth Volunteers in India (2018, August). Tavelagarhi product presentation. Program End Presentation at India International Center, New Delhi on August 9<sup>th</sup>, 2018 (Presenters not in specific order: Aakanksha Gautam & Kenneth Chase).
- Rana, M.** & Phelps, B. J.\*. (2018, February). Rural Youth Volunteers in India: An experiential learning experience of HSU and Lady Irwin College students. Presented on February 7<sup>th</sup>, 2018, at International Education Week at Humboldt State University.
- Knox, C. & **Rana, M.** (2017, November). The 0 to 8 Mental Health Collaborative 2017-2018 Training on Early Brain Development (Child Development department in collaboration with Humboldt County Office of Education), which targeted the audience: care providers, early childhood educators, nurses, teachers, TK and Kindergarten teachers, Mental Health professionals.
- Rana, M.** (2017, October). Rural Youth Volunteers in India. Presented at the Annual PI Celebration Event on October 26<sup>th</sup>, 2017 organized by the Sponsored Program Foundations office, Humboldt State University.
- Rana, M.** & Vital, C.\* (2015, April). Popular Media: Stereotypical Images of Muslims, Mistaken Identities, and Socialization of Sikh parents. Poster Presentation at Idea Fest 2015 on April 17<sup>th</sup>, 2015 at Humboldt State University.
- Rana, M.** (2015, March). Infant and Toddler Development. Presented one of the workshops in the series of Dynamics in Development: Identifying and Building on Strengths (Child Development department in collaboration with Humboldt County Office of Education), which targeted the audience: care providers, early childhood educators, nurses, teachers, TK and Kindergarten teachers, Mental Health professionals.
- Rana, M.** (2014, November). Youth Adult Partnerships in Community Engagement: A Collaboration between Environmental and Social Research Organization (ESRO, India) and Child Development department, Humboldt State University, Arcata (CA). Paper presented on November 14, at International Education Week at Humboldt State University.
- Rana, M.,** Jiang, Y.K.\*, Masengale, K.\*, & Van, J.\* (2014, April). "We like our children to get their education": A gap between aspirations and resources in a Midwest Sikh community. Presented at IdeaFest, Humboldt State University.
- Rana, M.** (2014, April). Father socialization in Sikh immigrant families toward ethno-religious identity formation in their sons. Presented at IdeaFest, Humboldt State University.
- McNall, M.A., & **Rana, M.** (2009, June). Qualitative data analysis (QDA) for evaluation and use of Nvivo 7.0 for QDA. Presented in the Workshop organized by Michigan Association of Evaluation on at 62, Kellogg Center, Michigan State University, MI on June 26, 2009.

**Rana, M.** (2008, April). Parent involvement in academic achievement of middle school children: Case of Latin Americans. *Structural Equation Modeling Course Conference* held at Psychology Building at Michigan State University on April 18-19, 2008.

\*Student co-presenters

### **PROJECT EXPERIENCE**

- Rural Youth Volunteers in India, PI and Co-director
- Religious Identities: Risk or resilience among Sikh youth at West Coast, PI
- Diversity Assessment for Child Development Students at Humboldt State University, Co-PI
- Youth-adult partnerships in engaging communities in development work in North India, Consultant and Evaluator
- Student Parents Support Initiative—Student Run Initiative, Advisor

### **ADVISING AND MENTORING EXPERIENCE**

- Member and Reader for MA Thesis Committee for Kelly Fortner, Environmental Studies Program, Humboldt State University, fall 2020-fall 2021
- Advisor, CSU Student Research Competition for Child Development undergraduate students.
  - Jones, T., & Nichols, J. (spring 2022). Father socialization in Sikh immigrant families towards ethno-religious identity formation in their sons. Submitted to the CSU Research competition.
  - Fillebrown, G. & Gauthier, L. (spring 2021). International and intercultural collaboration in experiential learning: Lessons from Rural Youth Volunteers in India (Winners at HSU level).
  - Huffaker, H. & Osuna, E. (spring 2020). An autoethnographic exploration of resilience among student parents in college: Voices of Latina student mothers (Winners at HSU level)
- Advisor, Social Justice Summit presentation (March 2020). Student Parents on Campus. CD 352 (Parent Child Relationships) class of spring 2020 presented at the summit.
- **Research Mentorship:** Bethany J. Phelps (Doctorate student, Oregon State University); Robyn Brasuell-Wax (MS student, Michigan State University), Grace Fillebrown, Britney Bjork (School Psychology Program), Kimberly Duarte-Bonilla (Graduate School admission pending), Luke Gauthier, Haley Huffaker, Elizabeth Osuna, Taylor Jones, Jeremy Nichols, Anthony Saenz, Cassandra Ramirez, Amy DeJung
- Club Advisor, Child Development Association, a Registered Student Organization, fall 2018-Current
- Child Development major advising, Humboldt State University, Arcata, CA (August 2014-Present); 40-50 students each semester
- Advised two Education Honors thesis students at the department of Education, Brown University, (2012-2013).

### **ADMINISTRATIVE EXPERIENCE**

- 2013-Present, Directed Field Experience Coordinator, Child Development, Humboldt State University
- 2009-2011, Graduate Research Assistant, Center for Evaluation and Research; UOE. Supervised 5 undergraduate students.
- 2007, Graduate Assistant, Michigan State University Child Development Laboratory
- 2006, Education Specialist at Early Head Start, Southeast Head Start/Early Head Start Program, Detroit

## PROFESSIONAL ORGANIZATION AFFILIATION

- Society of Research on Adolescence, Current
- Society for Research in Child Development, Current
- Society for Study on Human Development, Current (Researcher Window, February 2022)

## COMMITTEE WORK AT HUMBOLDT STATE UNIVERSITY

- CPS Faculty Representative, Planning Committee for Research, Scholarship, and Creative Activities (PCRSC) (2021-2023)
- CPS Faculty Representative, Dean of Students Search Committee (Spring 2021)
- Child Development department Assessment Committee (spring 2021-Current).
- CPS Faculty Representative, International Advisory Committee, CPS Representative (fall 2021-spring 2024).
- Initiating Unit (Department) Personnel Committee Chair, Child Development (fall 2019-Current)
- Center for Community Based Learning Student Coordinator Hiring Committee (fall 2019-spring 2020)
- Textbook Selection Committee, Child Development (fall 2019-Current)
- Child Development Department Curriculum Committee (Ongoing)
- International Programs Review Committee (fall 2018—spring 2021)
- Diversity Assessment Committee, Child Development (2013-Present)
- Events Planning Committee, Child Development (2016—2017)
- Faculty Search Committee, Child Development (fall 2017—2019)
- Center for Community Based Learning (previously CSLAI) committee (fall 2014-spring 2020)
- Service Learning Faculty Development and Resource Committee (spring 2018—present)
- DARS Planning Committee (spring 2017—Present)
- Planning Committee for Research, Scholarship, and Creative Activities (PCRSC) (fall 2017—2019)
- Center for Teaching and Learning Director Search Committee (fall 2017—Present)
- International Advisory Committee (fall 2014-spring 2017)
- Eportfolio Campus wide Pilot (spring 2016)
- ASC Hiring Committee, Child Development (2016)
- Canvas Campus wide Pilot (spring 2016)
- Diversity Program Funding Grant (spring 2016—fall 2016)

## PROFESSIONAL ACTIVITIES

- Chair, Symposium, “Family cultural values and practices: Reflecting on religious and spiritual influences in Sikh, Muslim, and Indigenous communities. The Society for the Study of Human Development (SSHD 2021-22) on Feb 8th, 2022. Conference Series (Theme: Macrosystem Challenges to Lifespan Human Development: Advancing Conceptualizations, Methodologies, and Strategic Responses).
- Abo-Zena, M. & **Rana, M.** (fall 2021-spring 2022). Co-editing the special volume of the **Religions** (Taylor & Francis) journal with on “Focusing on the Elusive: Centering on Religious and Spiritual Influences within Contexts of Child and Young Adulthood Development
- External reviewer, Dr. Julia Smith, Assistant Professor, Purdue University Wayne Fort, spring 2020.

- Abo-Zena, M. & **Rana, M.** (fall 2019-spring 2020). Co-edited the special volume of the **Religions** (Taylor & Francis) journal with Mona Abo-Zena, Assistant Professor, University of Boston, Massachusetts on Religion and Positive Youth Development.
- Attended Faculty Learning Community on Inclusive Teaching, Organized by Center for Teaching and Learning, Humboldt State University.
- Member, Australasian Collaborative for Understanding the Pedagogy of Infant-Toddler Development (CUPID)
- Ad hoc Reviewer, *Religions* (2019)
- Consultant, Environment and Social Research Organization (2014-Present)
- Ad hoc Reviewer, Textbooks
- Ad hoc Reviewer, *Child Development* (2016)
- Ad hoc Reviewer, *BMC Pediatrics* (2015)
- Ad hoc Reviewer, *Pediatrics* (2015)
- Ad hoc Reviewer, *African Conflict and Peacemaking Review* (2015)
- Ad hoc Reviewer, *Journal of Marriage and Family* (2009-present)
- Ad hoc Reviewer, *Childhood* (2013-present)
- Ad hoc Reviewer, *Journal of Adolescent Research* (2010-present)
- Ad hoc Reviewer, *Teachers College Records* (2011-present)
- Nominated Reviewer for Society of Research on Adolescents for 2016
- Nominated Reviewer for Society of Research on Adolescents for 2014
- Chair, Symposium on “Sudanese unaccompanied minors in U.S. foster families: Acculturation, adaptation, and identity formation, Presented as *symposium paper at the Biennial meeting of Society for Adolescents at Philadelphia, PA in March (11-13 March, 2010.*